

PHYLLIS A. ERNST Senior Center

Recreation & Parks
Department
3810 Veterans Memorial Drive
Hilliard, Ohio 43026
614.876.0747
8 a.m. – 4 p.m.

VOLUME 37, NO. 5
NOVEMBER 2016 – JANUARY 2017
hilliardohio.gov



PLAY!

REAL PEOPLE. REAL POSSIBILITIES.



City Employee Always Puts Her Family First

Renee Hall, a city of Hilliard employee for more than 17 years, works to keep our buildings clean. Hall's husband, John, also works for the city as Director of Lands and Buildings. Away from work, Renee spends time as a band roadie for John's popular band, Black Water Road, which can be seen locally at such venues as Hilliard's Station Park.

Renee and John have been married for 38 years, and have one son and four grandchildren (two boys and two girls). Spending time with her grandchildren is one of Renee's favorite pastimes.

Renee also is passionate about her two pugs, Stella and Minnie. She enjoys reading and watching old movies; one of her favorites is "To Kill a Mockingbird."



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Membership Renewal

Memberships are valid for a period of 12 months. A renewal form is available in the office. Memberships are \$15. Complimentary memberships are provided to those 90 years of age and older.

WHAT ELSE CAN YOU TELL US?

If you could go back in History, who would you like to meet?

Renee Hall: My great grandparents.

Julie May (volunteer): Clara Barton

Monica Meyer (member): My grandfather. I'd like to learn about his journey to settle in Minnesota.

Phyllis Felice (member): J.F.K.

Do you have any brothers or sisters?

Renee: 1 brother, 2 sisters

Julie: 1 brother, 2 sisters

Monica: 3 living brothers and 1 deceased

Phyllis: 1 brother who lives in New Jersey

Would you rather live in the country or the city?

Renee: Country

Julie: Country

Monica: Country. I grew up on a farm and I prefer the wide open spaces to city life.

Phyllis: Country

Have you ever tried sushi?

Did you like it?

Renee: Yes and no.

Julie: Yes, I've tried it but I'm not a fan.

Monica: Yes, but I would only eat it again if there was nothing else to eat

Phyllis: No.

NEWS & NOTES

Senior Center Newsletter

VOLUME 37, NO. 5
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Registration

Online registration begins Friday, Oct. 14. Sign up for all November, December and January programs in person at 9 a.m. on Tuesday, Oct. 18.

Winter Weather Policy

If the Hilliard City Schools District cancels due to weather, all programs and activities at the Recreation and Parks Department are canceled. Please don't risk driving or walking in poor or hazardous conditions. Side streets and parking lots are often the last to be cleared!

Center Closings

The center is closed Nov. 11, 24 and 25; Dec. 23-26; and Jan. 2. The center closes at 2 p.m., Dec. 21-22 and 27-30. No lunch served Dec. 27-29.

Taxes

AARP tax assistance begins Feb. 6. Appointment registration begins Jan. 3.

Holiday Mailbox

Our holiday mailbox, a way to share merry wishes with friends inexpensively without postage, opens Dec. 1! Fill out your holiday cards, place in envelopes with recipient's names on the outside, arrange alphabetically, and drop off at the office. Our elves then sort out the cards and make them available for pick up. Please make sure the recipient of the cards attends functions at the center, as we do not mail cards. We keep your cards until Jan. 8; cards not picked up by then are recycled.

OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to people in Ohio covered by Medicare. Schedule a one-on-one appointment at the Center office for the fourth Thursday of the month.



PLAY! Program & Activity Guide

For additional information about things to do, pick up a Fall & Winter Activities Guide.

ACTIVITIES & SPECIAL EVENTS

Programming Canceled

All programming is canceled on days of our big parties: Veterans Day (Nov. 10), Thanksgiving (Nov. 17), Christmas (Dec. 15) and New Years (Dec. 30).

Happiness Club

Your reservation is due by 4 p.m. the Wednesday before the lunch. Register at the center or online.

- Fridays, Nov. 4, Dec. 9, Jan. 13, Noon; \$6.

Prayer Luncheon

An area minister presents a short message after lunch. Reservations due the day before the luncheon.

- Fridays, Dec. 2 (November/December combined) and Jan. 27, Noon; \$5.

Crochet Class

Experienced or beginner, Join Lindsay Cohler from Mill Run Gardens.

- Wednesdays, Nov. 23, Dec. 28, Jan. 25, 1 p.m.; Free, supplies provided by Mill Run

Bible Study

- Mondays, 10:15 a.m.; Free

Po-Ke-No

Sponsored by Mayfair Village.

- Thursday, Dec. 22 and Jan. 26, 10 a.m. None in November.

Dine & Discover with Carriage Court

Carriage Court hosts this luncheon and has an informative speaker after our meal.

- Friday, Jan. 20, Noon. (Canceled in November and December.)

Craft Club

This group works on various projects for fundraisers and donations; supplies provided.

- Wednesdays, 9:30 a.m.; Free

Veteran's Day Luncheon

Join us in honoring our senior veterans at a special luncheon program. We salute all the men and women that have served our country. This lunch is open to all and free to our veterans. Regular lunch price applies to non-veterans. After lunch enjoy a program in your honor.

- Thursday, Nov. 10, Noon-2 p.m., free to veterans, \$5 for non-veterans

Jewelry Making Class

Supplies are provided.

- Wednesdays, First and Third; 1 p.m. No classes December- February.

Thanksgiving Luncheon

Featuring all the traditional favorites including turkey, mashed potatoes, dressing, green beans, cranberries and pumpkin pie.

- Thursday, Nov. 17, Noon; \$8 Member, \$10 Non Members

Christmas Luncheon

Celebrate the season with us at our annual Christmas luncheon.

- Thursday, Dec. 15, 11 a.m. hors d'oeuvres and entertainment, lunch at Noon; \$8 Members, \$10 Non Member, register in advance.

Noon Year's Eve Party

Get ready to celebrate the New Year at our Noon Year's Eve Party with pizza and a movie, The Holiday.

- Friday, Dec. 30, 11 a.m.-1 p.m.; \$5 for pizza; movie and popcorn are free. Register in advance.

HEALTH & WELLNESS



Indoor Walking

Indoor walking 8-8:45 a.m. Monday-Friday in the gym.

Bowling

Meet Bill Lobuzzetta at Sawmill Lanes on Monday mornings at 9 a.m.

Zumba

Ditch the workout and join the party! Zumba uses interval training combining fast and slow rhythms for an effective aerobic workout. Watch and follow along. Zumba is great for the body and mind. The class is designed for all abilities. Instructor: Doreen Woodard.

- Mondays and Wednesdays, 9:15-9:45 a.m.; Sundays, 5-6 p.m.; Mondays and Thursdays, 6-7 p.m.; \$3

Chair Volleyball

Play this fun version of volleyball with a 20-inch beach ball, smaller court and lower net. Instructor: Linda Hoover.

- First and third Fridays, 10:15 a.m.; Free

Pickleball

Interested in Pickleball? It is a court game slower than tennis with strategies similar to tennis and table tennis. Pickleball is played with wood or composite paddles and perforated, plastic balls similar to Wiffle balls. Free with Senior Membership.

- November & January: Monday, Wednesday and Friday, 12:45-2:30 p.m. and Tuesday and Thursday, 9:15-10:45 a.m.
- Please pick up a revised schedule for December due to the school holidays.

Lifestyle Exercise Group

Fantastic fitness that empowers you to embrace a healthier lifestyle. Increase strength, endurance, balance and flexibility in a fun and encouraging atmosphere.

Instructor: Jane Stauffer.

- 10:15-11 a.m., Mondays and Thursdays; 9:45-10:30 a.m. Saturdays; \$7 drop in fee, first class is free!

Strength Training

Fitness equipment, treadmills, free weights and stationery bikes are available in the weight room.

- \$5/month

Get Fit

This class is a complete full-body workout. Some exercises are done while seated and some while standing. All students work at their own pace. Free weights are used. Instructors: Tony Johnson and Maggie Schmidt.

- Tuesdays and Fridays, 9:15-10 a.m.; \$2/class or an activity card

Alzheimer's Support Group

A support group for family members, caregivers and friends of people with Alzheimer's disease or related disorders meets at the Center and is facilitated by a trained professional. This group provides participants with an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations.

- Third Friday of the month, 9:30 a.m.

LUNCH & LEARN, PLUS SEMINARS

College Planning

Join Michael Marcano from Edward Jones to discuss establishing a college savings goal, strategies to help achieve the goal and the features and benefits of 529 savings plans.

- Wednesday, Nov. 2, 11 a.m.; Free, must attend seminar to get free lunch

Balancing Your Budget

Join Michael Marcano from Edward Jones as he encourages developing a budget, identifying financial goals, understanding the balance between spending, saving and borrowing and having a strategy..

- Wednesday, Dec. 7, 11 a.m.; Free, must attend seminar for free lunch

2017 Market Outlook

Join Michael Marcano from Edward Jones for investment strategy and market outlook moving forward in 2017

- Wednesday, Jan 4, 11 a.m.; Free, must attend seminar to get free lunch

EXCURSIONS



CaJohns Fiery Foods Factory

Local Shop

The center bus can pick you up at your home if you live in the City of Hilliard. The bus departs from the center at 11 a.m.; \$2. Please call in advance to make a reservation.

- Nov. 4: Kroger
- Nov. 18: Meijer
- Dec. 2: Wal-Mart
- Dec. 16: Kroger
- Dec. 30: Meijer
- Jan. 6: Wal-Mart
- Jan. 20: Kroger

Scioto Downs Racino

With more than 2,100 of the most popular games, you're sure to find the game for you! \$10 free play; \$5 dining credit. **You must be registered for the trip by Friday to receive the free play and lunch credit.**

- Wednesdays, Nov. 16, Dec. 14 and Jan. 18, 9:30 a.m.; \$4, plus lunch OYO at Racino
- Limit: only 20 people arriving in cars, please register for the bus.

Hollywood Casino

\$5 free play only, \$5 off lunch buffet and new card sign-ups get to play a Kiosk game and win between \$5-15.

- Thursdays, Nov. 3 and Jan. 26, 9:30 a.m.; \$3, plus lunch OYO at Casino

CaJohns Fiery Foods Factory

Anyone interested in kicking it up a notch? Enjoy a tour of CaJohns Fiery Foods, in which visitors can go on the factory floor and get the inside story on the peppers chosen, product production and packaging while sampling spicy salsas and sauces made throughout the tour.

- Tuesday, Nov. 22; 9:45 a.m.; \$4 at signup, plus lunch OYO at local restaurant

Honda Car Plant Tour

Ever wonder how Honda makes all those cars you see on the road? We will take a 50-minute walking tour of the Honda plant along with a self-guided tour of the Honda Heritage center. Approximately 2.5 hours.

- The Auto Plant tour includes a fast-paced, 50-minute walk and may include stairs.
- Adults need a government issued photo identification (driver's license, passport, etc.) for check-in.
- Please wear comfortable walking shoes for the plant tour. Shoes must cover the foot and heel. Sandals, open-toe or open-back shoes are prohibited.
- Skirt/shorts must be knee length or longer for plant tour.
- Tuesday, Nov. 15; 8:30 a.m.; \$5 at signup, plus lunch OYO at local restaurant

The Story of Chief Leatherlips – Coffee Time at Westminster Thurber

November is National Native American Heritage month. In celebration, we welcome Roger Roberts, a retired teacher and presenter for Big Walnut Area Historical Society. He portrays through character Elias Lewis, the story of Shateyaronyah also known as Chief Leatherlips. Coffee and baked breakfast items provided before the presentation.

- Tuesday, Nov. 1; 9:30 a.m.; \$3 at signup, plus lunch OYO at local restaurant

A Christmas Carol – Palace Theatre

The annual Palace Theatre tradition continues with Charles Dickens' classic story of Scrooge and Tiny Tim, filled with lively song and dance and featuring over 50 actors. Scrooge, known for his penny pinching ways, is visited by three ghosts on a snowy Christmas Eve. These ghostly visits reveal Scrooge's past, present and future to him and fill him with new found hope and joy in the Christmas season!

- Monday, Nov. 28; 9 a.m.; \$4 at signup and \$6 cash day of performance, plus lunch OYO at local restaurant

EXCURSIONS (CONTINUED)



Franklin Art Glass Studios

Franklin Art Glass Studio Tour & Lunch at Schmidt's

Recognized as one of the world's largest and highly respected creators of stained glass, Franklin Art Glass Studios, Inc. has been a family owned and operated stained glass studio since its inception in 1924. Franklin Art Glass possesses the skills and knowledge to complete virtually any glass project; comprising, but not limited to, original design, fabrication, restoration and preservation, leaded and faceted glass, exterior protective glazing, and custom frame. We are eating at Schmidt's before the tour.

- Wednesday, Nov. 30; 10:30 a.m.; \$4 at signup, plus lunch OYO at Schmidt's

Jungle Jim's Tour

Calling all Foodies! Come explore the 6-acre Food Lover's Paradise at Jungle Jim's International Market. Take a tour of the store and enjoy food samples from around the world. Explore the miles of aisles at Jungle Jim's with knowledgeable tour guides on a fun-filled food safari. Great place to pick up last-minute and unusual Christmas gifts!

- Tuesday, Dec. 6, 9 a.m.; \$6 at signup and \$5 cash day of tour, plus lunch OYO at Jungle Jim's

Evan's Senior Center Christmas Play - "The Christmas Choir"

The Christmas choir has never sounded worse! Perhaps it's because of a lack of talent or because choir members aren't sincere in their reasons for being there. Find out how a preacher helps the choir find harmony and the true meaning of Christmas. We are going to lunch before the performance.

- Thursday, Dec. 8; 10:30 a.m.; \$4 at signup and canned food for donation at performance, plus lunch OYO at local restaurant

Governor's Mansion Home Tour & Lunch at TAT Restaurant

The holidays are an especially beautiful time at the Ohio Governor's Residence. Every year, dozens of volunteers from all over central Ohio gather just before Thanksgiving to ensure that the interior and exterior of this historic home are elegantly decorated for the holiday season. Outside, thousands of lights add sparkle to the trimmings that embellish the home. Inside, each room is carefully adorned with greenery, lights and lovely holiday accouterments.

- Tuesday, Dec. 13; 9:45 a.m.; \$5 at signup, plus lunch OYO at TAT



Nutcracker Diner

Nutcracker Family Restaurant is a '50s style diner located in Pataskala, Ohio. It's a great place to grab breakfast, lunch or dinner or to simply relax with a freshly brewed cup of coffee. Originally opened as an ice cream parlor in old downtown Pataskala, the restaurant now has much more to offer at its current location on Broad Street. It features a full menu as well as Amish chocolates, pies, nuts and specialty candies.

- Tuesday, Dec. 20, 10:15 a.m., \$4 at sign-up, plus lunch OYO

Ballet Met - Nutcracker

Young Clara will once again invite us inside her imagination with The Nutcracker, a beloved Columbus 1974. Choreographed by former Artistic Director Gerard Charles, this magic-filled ballet draws families from near and far with its merry characters, gorgeous set, elegant costuming—and a good dose of holiday nostalgia.

- Thursday, Dec 22; 1 p.m.; \$4 at signup and \$23 cash day of performance

HILLIARD PARK CAFE

614.876.0747

Meals are served at
Noon. **Cost is \$5.**
Meal price for
non-members is \$7.

DECEMBER 2016				
Tuesday	Wednesday	Thursday	Friday	
		1	2	
		Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Blueberry Cheesecake	Prayer Luncheon Cheddar Chicken Mashed Potatoes Broccoli Pineapple Cake	
6	7	8	9	
Pork Stroganoff over Noodles Peas & Carrots Butterscotch Pudding	Liver & Onions Mashed Potatoes California Blend Veggies Fruit Cocktail Cake	Meat Loaf Scalloped Potatoes Succotash No Bake Cookies Ice Cream	Happiness Club Parmesan Chicken Mashed Potatoes Mixed Veggies Cinnamon Applesauce Salad Dessert	
13	14	15	16	
Chicken & Noodles Mashed Potatoes Corn Cherry Crisp	Chili Ham Salad Sandwich Applesauce Chips Lemon Pie	Christmas Lunch Pork Roast Mashed Potatoes Glazed Carrots Cinnamon Applesauce Salad Pumpkin Dump Cake		
20	21	22	23	
Broccoli Soup Grilled Cheese Cole Slaw Orange Sherbet	Pulled Pork Sandwich Chips & Dip Relishes Texas Sheet cake	Shredded Chicken Sandwich Baked Beans Applesauce Root-beer Float	CLOSED	
27	28	29	30	
No Lunch	No Lunch	No Lunch	Pizza & Movie	

NOVEMBER 2016				
Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	
Vegetable Beef Soup Grilled Cheese Pickle Chips Chocolate Pudding	Lasagna Tossed Salad Garlic Bread Pineapple Upside Down Cake	Cheddar Chicken Wild Rice Mixed Vegetables Ice Cream Sundae	Happiness Club Baked Ham Au Gratin Potatoes Green Beans Cranberry Salad Dessert	
8	9	10	11	
Stuffed Peppers Mashed Potatoes California Blend Veggies Blueberry Crisp	Parmesan Chicken Cheesy Potatoes Peas Lemon Dessert	Veteran's Day Lunch Pot Roast w/ Potatoes & Carrots Cole Slaw Pig Lickin' Cake	CLOSED	
15	16	17	18	
Veal Parmesan Side of Spaghetti Tossed Salad Garlic Bread Orange Sherbet	Broccoli Cheese Soup Sloppy Joes Applesauce Chips Cherry Cheesecake	Thanksgiving Lunch Turkey & Dressing Mashed Potatoes Green Beans Cranberry Sauce Pumpkin Pie		
22	23	24	25	
Apricot Chicken White Rice Broccoli Cookie & Ice Cream	OSU Jersey Day Meat Loaf Scalloped Potatoes Corn Buckeye Bars	CLOSED	CLOSED	
29	30			
Ham & Bean Soup BBQ Pork Sandwich Corn Bread Vanilla Pudding	Pork Chops Fried Potatoes & Onions Glazed Carrots Spice Cake			

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for six (6) meals for \$29 or 12 meals for \$58 with cash, check, VISA, Discover, MasterCard or American Express. Meals are served at Noon. Happiness Club is \$6 and special event lunches may be more.

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JANUARY 2017			
Tuesday	Wednesday	Thursday	Friday
3	4	5	6
Vegetable Beef Soup Grilled Cheese Chips Pickle Apple Pie	Lasagna Tossed Salad Garlic Bread Lemon Dessert	Ham Loaf Parsley Buttered Potatoes Glazed Carrots Bread Pudding	
10	11	12	13
Mama J's Garlic Penne Pasta Tossed Salad Garlic Bread Blueberry Crisp	Chicken Cordon Bleu Au Gratin Potatoes Mixed Vegetables Pineapple Upside Down Cake	Potato Soup Ham Salad Applesauce Cherry Cheesecake	Happiness Club Salisbury Steak Mashed Potatoes Green Beans Jell-O Salad Dessert
17	18	19	20
Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Ice Cream	Chicken a la King Applesauce Angel Food Cake w/ Strawberries	Liver & Onions Mashed Potatoes Peas & Carrots Cherry Poke Cake	Dine & Discover
24	25	26	27
Baked Steak Mashed Potatoes Green Beans Chocolate Pudding	Oven Fried Chicken Mashed Potatoes Glazed Carrots Cinnamon Roll Cake	Pork Chops Stuffing Baked Beans Strawberry Pretzel Dessert	Prayer Luncheon Bacon Quiche Muffin Fruit Cup Peach Crisp
31			
Apricot Chicken White Rice Broccoli Cherry Pie			

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Real People. Real Possibilities.

Center Closings

The center is closed Nov. 11, 24 and 25; Dec. 23-26; and Jan. 2. The center closes at 2 p.m., Dec. 21-22 and 27-30.

No lunch served Dec. 27-29.

Extra! Extra! Read All About It!!

A poster for the "HOLIDAY HOP IN HILLIARD Tree Lighting" event. The background is a photograph of a snowy street in Hilliard, Ohio, with trees and buildings covered in snow. The text "HOLIDAY HOP IN HILLIARD" is in a bold, black, sans-serif font. Below it, "Tree Lighting" is written in a large, red, cursive script font. Underneath that, "27TH ANNUAL" is in a small, blue, sans-serif font, followed by "5-7:30 P.M." in a slightly larger, blue, sans-serif font, and "THURSDAY, DEC. 1" in a large, blue, sans-serif font. At the bottom, a paragraph of text describes the event: "Hilliard's Station Park, Thursday, Dec. 1, 5-7:30 p.m. Begin the holiday season with the lighting of the City tree by Mayor Don Schonhardt. Enjoy musical selections by the Scioto Darby Elementary first-grade choir under the direction of Joyce Brandt. This festive evening also includes a visit by Santa, ice sculpting demonstrations, reindeer, cookie decorating, hot chocolate and more. Visit the Historical Village for additional activities."